

THERAPEUTIC PARENTING AND CARE IN HEALING CHILDHOOD WOUNDS

Building a trusting relationship with the help of DDP

12-13 Nov 2018, Tampere, Finland

Program

Day 1. How DDP helps with the development of healthy attachment (safety)

- 8.30–9.15 Registration and coffee/tea
- 9.15–9.45 Opening – Pirjo Tuovila, Specialist in developmental and educational psychology
- 9.45–10.45 Roots of shame and aggression
- Development of attachment disorder
- 10.45–11.00 Break
- 11.00–12.00 Keeping clients open and engaged: attachment and the brain
- Polyvagal theory
- Neurobiology and DDP
- 12.00–13.00 Lunch
- 13.00–14.30 Building a trusting relationship
- Intersubjectivity (Primary and Secondary)
- PACE and affect regulation
- 14.30–15.00 Coffee/tea
- 15.00–16.30 Integrating trauma and loss
- Affective/Reflective Dialogue
- Development of a coherent, autobiographical narrative

Day 2. Utilizing DDP in therapeutic parenting and care

- 8.30–9.30 Working on parents/carers 1
- Significance of adult attachment history
- The “Parenting brain”
- Blocked care
- Case study/demonstration
- 9.30–10.00 Coffee/tea
- 10.00–11.15 Working on parents/carers 2
- Session continues
- 11.15–12.15 Lunch
- 12.15–13.30 DDP in a therapeutic setting/residential care 1
- Blocked trust
- Carer as a new attachment figure
- Case study/demonstration
- 13.30–14.00 Coffee/tea
- 14.00–15.15 DDP in a therapeutic setting/residential care 2
- Session continues
- 15.15–15.30 Closing

