



**Conference 27. – 28.11.2017 \* The significance and power of attachment focused approach on treating relational trauma and in everyday relationships**



Oy DDP Finland Ltd / PT-Kustannus & Dafna Lender, USA

**Monday 27.11. 2017 ~ Key components of attachment-focused work with children/adolescents**

- 8.30–9.15 Registration and coffee
- 9.15–9.45 Opening – Pirjo Tuovila, Specialist in developmental and educational psychology
- 9.45–10.45 Developmental theories as the basis for treatment of developmental trauma disorder
- 10.45–11.00 Break
- 11.00–12.00 The PACE Attitude – Playful, Accepting, Curious, Empathic
- 12.00–13.00 Lunch
- 13.00–14.30 Determining which type of interventions to respond to an individual child/adolescent  
Movement, touch, playfulness, creativity, intersubjective dialogue, developing a coherent autobiographical narrative...
- 14.30–15.00 Coffee
- 15.00–16.30 Learning about the Affective/Reflective dialogue  
Helping children/adolescents develop self-reflection skills – talking with, talking about, talking for

**Tuesday 28.11.2017 ~ Working with Parents/Carers**

- 8.30–9.30 Keys for successful work with parents/carers  
Developing reflective function
- 9.30–10.00 Coffee
- 10.00–11.15 Working with parents/carers who have their own history of developmental trauma disorder  
Meeting unmet needs, practicing being in the moment
- 11.15–12.15 Lunch
- 12.15–13.30 Learning to use PACE in crisis moments  
Reducing shame
- 13.30–14.00 Coffee
- 14.00–15.15 Putting it All Together: How to flow and get “unstuck” with children/adolescents
- 15.15–15.30 Ending