Monday 27.11.2017 ~ Key components of attachment-focused work with children/adolescents

8.30–9.15  Registration and coffee
9.15–9.45  Opening – Pirjo Tuovila, Specialist in developmental and educational psychology
9.45–10.45 Developmental theories as the basis for treatment of developmental trauma disorder
10.45–11.00 Break
11.00–12.00 The PACE Attitude – Playful, Accepting, Curious, Empathic
12.00–13.00 Lunch
13.00–14.30 Determining which type of interventions to respond to an individual child/adolescent
   Movement, touch, playfulness, creativity, intersubjective dialogue, developing a
   coherent autobiographical narrative…
14.30–15.00 Coffee
15.00–16.30 Learning about the Affective/Reflective dialogue
   Helping children/adolescents develop self-reflection skills – talking with, talking about, talking for

Tuesday 28.11.2017 ~ Working with Parents/Carers

8.30–9.30  Keys for successful work with parents/carers
   Developing reflective function
9.30–10.00 Coffee
10.00–11.15 Working with parents/carers who have their own history of developmental trauma disorder
   Meeting unmet needs, practicing being in the moment
11.15–12.15 Lunch
12.15–13.30 Learning to use PACE in crisis moments
   Reducing shame
13.30–14.00 Coffee
14.00–15.15 Putting it All Together: How to flow and get “unstuck” with children/adolescents
15.15-15.30 Ending